



# CYFS INSPIRATIONS

Fall 2012

## KATIE SHARES HOW LOVE AND SUPPORT HAVE CHANGED HER LIFE

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“Go, Katie!” was the cheer her CYFS Sarah House “sisters” gave Katie as she stood in front of her 2nd Street Church family and shared how much their love and support has meant to her. From the first Sunday she attended she was welcomed with open arms by youth pastor Jon Maroni and the 2nd Street Youth Group. Katie made new friends and found strength in God’s purpose for her life. It was while attending church that Katie met a special young man that shares her passion for their faith. That led to a date for the Prom and CYFS supporters made sure Katie had a beautiful dress and was pampered with a relaxing manicure.



“I appreciate being at CYFS this last year and a half” says Katie. “They have provided me with a caring staff and programs that have helped me get better and become more independent.” She is thankful for her therapist at Chehalem Counseling Center who created a safe environment where she could talk things through and come up with good decisions and positive goals.

**Katie is looking forward to testing her wings out in the world** as she gets ready to leave CYFS soon, we are thankful for her healing and we echo the cheer of her roommates and say “Go, Katie!”

CYFS *Volunteer* Mentor, Darlene, has been a caring friend, stable role model and her ride to church. Now 18 years old, Katie is looking forward to testing her wings out in the world, a place she admits is a little scary. The continued support of her church and CYFS will be instrumental in her success and

## COUNSELING CENTER HIRES NEW RESIDENT



Derrin Fukuda, Psy.D.

Chehalem Counseling Center is proud to announce the hiring of Dr. Derrin Fukuda for the newly developed Postdoctoral Psychologist Residency position. Dr. Fukuda will support the Parenting Hub, a contracted

program funded by the Commission on Children and Families, by developing and leading parenting groups in our community. Groups will be offered at regular intervals free of charge and will include childcare, meals, and travel vouchers to assist parent’s access parenting support in the Newberg, Dayton, and Dundee area. He will also work as a

community liaison for *Volunteer* parenting resources within our communities.

Dr. Fukuda will continue his work at CYFS with Teen Screen, a program developed to work in the local schools to evaluate teens for depression or other mental health illnesses as a “mental health check up”. Additionally he will continue his work clinically within Chehalem Counseling Center and with the CYFS Residential Program. He and our Doctoral Training Program therapists will be co-facilitating group therapy with our Residential Youth on a daily basis to increase their access to mental health services. Welcome to the CYFS Family!

*Dr. Fukuda will be working under the supervision of Holly Hetrick, Psy.D., Licensed Psychologist.*

**COME AND GET TO KNOW CYFS BETTER**

**Coffee & Scones  
Sweetest Thing Cupcakes,  
2501 Portland Rd, Newberg**

**Wednesday 7:00 - 8:00am**

**Oct 24 \* Nov 28**

**Have Lunch on Us at one of the CYFS Youth Homes**

**Monday Noon-1:00pm**

**Dec 10**

**Email [mking@cyfs.net](mailto:mking@cyfs.net) or call 503-487-7551 to RSVP for either event.**

**CYFS Board of Directors**

John Rasberry, *Chair*  
 Richard Powell, *Chair Pro tem*  
 Bill Cathers, *Director Emeritus*  
 Robert Flaherty  
 Dave Hansen  
 Karl Hughes  
 Deborah Cathers-Seymour  
 Mark Warner

**CYFS Board of Reference**

Barbara Palmer

**FOCH Board of Directors**

(Friends of Chehalem House)  
 Bruce Alford, *Chair*  
 Shirley Turner, *Vice Chair*  
 Larry Haverman, *Secretary*  
 Deborah Cathers-Seymour  
 Ron Dingman,  
*Staff Accountant*

**YOOP Advisory Board**

Consuelo Christianson  
*Chairman*  
 Doug Beck  
 Carol Harper  
 Debbie Jetton

**Lucky Finds Advisory Board**

Ruth Stokesbary  
 Amy Haney  
 Linda Dormer  
 Amanda Greene  
 Pat Green  
 Cindy Moore  
 Corey Werner

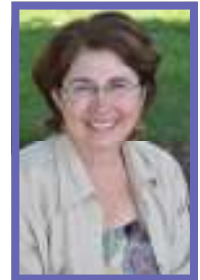
**Sanford Deamantes Advisory Board**

Brenna Witherspoon  
 Deborah Cathers-Seymour  
*Trustee*  
 Ruth Stokesbary  
*Trustee*  
 Tara Sanderson  
*Trustee*

## HOW WE SURVIVE, STAY ALIVE & THRIVE

DEBORAH CATHERS-SEYMOUR, EXECUTIVE DIRECTOR

All righty then – we'll both cut & grow through this recession!" This ended a series of intense budget discussions repeated throughout the last four years – probably similar to discussions in many households & businesses. On the growth side at CYFS we added programs, Yamhill County Youth Opportunity Program (**YOOP!**), which serves 226 youth with huge challenges: poverty, homelessness, criminal history, maybe addiction and others. We added the Mentoring Hub and the Parenting Education Hub (Commission on Children & Families funded). We doubled the sessions in the Chehalem Counseling Center, added a residency position and another practicum, and began a thrift store (Lucky Finds).



Every administrator and care giver is spread thin because of cuts & growth, and yet last year CYFS met critical needs in the lives of over 1,000 people. Yes, CYFS is more passionate about service than ever. At CYFS every team member must be fully engaged and productive for CYFS to thrive and for the people we serve to recover from life's devastating challenges.

However, to thrive, cutting and growing would not have been enough. *Volunteers* have been the secret ingredient. Over 270 *Volunteers* filled the gap this year. **Without our Volunteers CYFS could not thrive.** This summer we didn't know how we would cope with losing work study student support filing and helping in so many ways... that's when the Drydahl family stepped up. Lorrie recruited her family of 4. Her teenage daughter worked almost full-time for two months (free). Her husband, who had been laid off in construction, and their son, put their talents to work repairing and maintaining the homes for a wonderful rate: free! This family alone probably saved CYFS \$10,000 last summer. How do you thank people enough for this kind of heart and sacrifice? You can't.

CYFS will survive and thrive through tough times because of the love and generosity of our friends, neighbors and caring community. **I invite you to join together with us to celebrate a bright future at our annual Ignite the Light luncheon, November 13<sup>th</sup> and bring a friend or two! I look forward to seeing you.**

## WELCOME NEW CYFS BOARD MEMBERS



**Robert Flaherty** has been pastor of Newberg First United Methodist since July 2010. He is married, has two children and four grandchildren.

The more Bob learned about the mission of CYFS, the more he resonated with it. He realized CYFS was literally saving the lives of young people. When an invitation to join the board came, Bob wholeheartedly and enthusiastically accepted it.



**Dave Hansen** began a law practice in 2010 specializing in domestic relations and juvenile dependency law. His expertise in

law and business equip him for service on the board. Dave is married to Jodi, and they have two grown children, Chase and Cole.

Jodi is on the pastoral staff at 2nd Street Community Church and is instrumental in recruiting Mentors for CYFS's Mentoring Connection. Cole is an active *Volunteer* at Lucky Finds where he works with the CYFS youth (see photo page 5) in the My First Job program. The Hansen family believes in expressing their faith through serving others.



**Mark Warner** works for New York Life and is married to Marilyn. They have five children between them and 6 grandchildren. Mark founded a church in Royal City, WA. and was Pastor for a

time in Kamiah, Idaho. His faith is very important to him and is the reason he is so passionate about helping youth at CYFS through Board Membership. He can assist people who are exploring ways to leave a tax sheltered legacy.

## DONORS MAKE A DIFFERENCE! THANK YOU!

DONATIONS MADE FROM JUNE 2011– SEPTEMBER 2012

2nd Street Community Church  
A.R.E. Manufacturing  
Marv & Deborah Abe  
Kathleen Adamson  
A-dec  
Bruce Alford  
Allegra Print & Imaging  
Paul and Nancy Almquist  
AmeriTitle  
ATP Productions, Inc  
Denise Bacon  
Bank Of America Matching Gifts  
Bank Of America United Way  
BBF Custom Products, Inc.  
Althea Beam  
Al Blodgett  
Charma Boston  
Christopher J. Brecke DDS  
Dan Burns  
Amanda Burt  
Frederick Camp  
Caravan Coffee  
Bill & Irene Cathers  
Lydia Cathers  
Climax Portable Machine Tools  
Combined Federal Campaign  
Crocodile Industries  
Deborah Cathers-Seymour  
Shyla Devoe  
Bill & Ann Dolan

Frank & Chris Douglas  
Randy and Shannon Ernst  
Francine Fiore  
First Federal  
First United Methodist Church  
Jim and Mary Fister  
Mike & Christy Fleming,  
Alisha Fontenot  
Fred Meyer Corp.  
Geoff Gilmore  
Becky Green  
Leah Griffith  
Kelly Hagglund  
Fred Gregory  
David and Jodi Hansen  
Carol Harper  
Hazelden Springbrook  
Ben Jaquith  
Edith Jensen  
John & Meri Kerekanich  
Gary & Peggy Kilburg  
Rick & Trish Kindberg  
Brian & Mary King  
Jessica Lane  
Sharon Larson  
Margaret LeMaster  
Carol McLeod  
Dawn Miller  
Lionel & Marion Muthiah  
Brandi Nash *continued on page 4*

### VOLUNTEERS

GFU Serve Date	8
A-dec	20
Boards (4)	24
Thrift Store	15
Mentors	38
YOOP! Volunteers	10
Administration	4
Volunteer practicum	4
Workstudy	4
Staff Volunteers: NW Passage & Parade Float	24
AmeriCorp	1
Youth Volunteers: Venturing	10
Choir Volunteers	2
Event Committee Volunteers	16
United Way: Hands On	5
Collaborating Parenting Hub	
Community Group Leaders	6
Delphian School	20
Table Captains for Ignite the Light	30
Miscellaneous & Service Clubs	10

### Congratulations!

Deborah Cathers-Seymour  
received the coveted Diamond  
Award from her fellow directors in  
the Oregon Alliance of  
Children's Programs.

Thank You also for in-kind donations to Lucky Finds Thrift & Gift Shop and our Youth Homes.  
Your donations and support allow us to expand the services we provide youth and families.

## "MY DREAM IS COMING TRUE THANKS TO YOOP!"

Jillia is a bright young lady who came to our Yamhill Youth Opportunity Program (**YOOP!**) needing help to receive credits to obtain her high school diploma. Her childhood was one of struggle and personal pain. Only her passion for animals and the unconditional love they provided gave her hope when her world came crashing down. She fell further and further behind in school.

It was the summer of 6th grade that she had the opportunity to attend a therapy on horseback program. It was then she understood the healing power of horses and her dream of having her own horse stables and providing riding therapy for hurting children took root.

Through research by the caring **YOOP!** staff she was encouraged to apply for the Charlie Schuler scholarship for

educational assistance. The **YOOP!** staff walked with her through each step of the application and helped her articulate her dream in writing. The effort paid off and she was awarded the scholarship!

She is now enrolled at Chemeketa Community College and on her way to pursuing a career as a Veterinarian Assistant. "This brings me one step closer to realizing my dream of owning my own stables and working with animals and kids." says a smiling Jillia.

**YOOP!** is a program of CYFS and is funded by Job Growers, Inc. in partnership with WorkSource Oregon.



## DONORS MAKE A DIFFERENCE! THANK YOU!

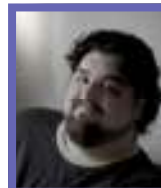
DONATIONS MADE FROM JUNE 2011– SEPTEMBER 2012

New York Life  
Newberg Ford Mercury  
Newberg Rotary Foundation  
Allison Owen  
Pacific Empire Developers  
Nicholas Palmer,  
Kaimaskumar & Kantaben Patel  
David Paul  
PGE-Employee Giving  
Portland General Electric Co.  
Providence Health & Services  
Joan & Keith Raine  
John & Kathy Rasberry  
John & Cathi Reardon  
Rendered Clothing  
Jeff & Lecia Retter  
Charles Rice  
Rivermark Community Credit Union  
Rob & Melinda Westervelt  
Ruby Tuesday  
Chester & Pat Runyon  
Jerry & Lisa Salmons  
Stephen & Tara Sanderson  
Kathy Saunders  
Ronald Schoenheit  
Scott and Loni Parrish  
Edward and Rosita Seibel

Lee Shafer  
Diane Sillman  
Kathleen M. Sims  
Brian Slagle  
Springbrook Oaks  
Gregg & Angie Stevens  
Gary & Claudia Stewart  
Ruth Stokesbary  
Cynthia Tant  
The Oregon Community Foundation  
The Providence Community Grants Council  
The Regence Employee Giving Campaign  
Truist  
U.S. Bancorp Foundation  
Ultimate Tan & Spa  
United Way Of Columbia County  
United Way Of The Columbia-Willamette  
Marshall "Rocky" & Glenda Wade  
Walter & Julie Want  
Water Bear Cleaning & Restoration  
David & Corinne Waterbury  
Mark and Gina Weldon  
Tim & Janice Wenrich  
Karen White  
Ken & Jan Winder  
Brenna Witherspoon  
Rita Wolff

### WELCOME JAMES WRIGHT, NEW YOOP! MANAGER

We are delighted to announce **James Wright** as the new Manager of the Yamhill Youth Opportunity Program (**YOOP!**).



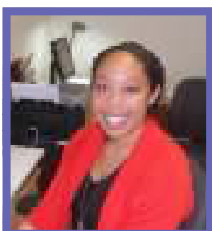
James comes to us with extensive experience in working with young people and the community. His passion flourished in his previous work experience as a high school teacher, adolescent case manager for teens enrolled in drug treatment and as a Case Manager for acutely mentally ill adults.

**“I know the barriers some young people experience and the helplessness that sets in. Knowing we can change the course of their lives is what motivates me each day,”** James shares.

Contact James at [jwright@cyfs.net](mailto:jwright@cyfs.net) or call 503-899-2492.

## COMMUNITY MENTORING HUB REACHING MORE YOUTH

*The Community Mentoring HUB* is a partnership between Yamhill County Department of Health & Human Services - Family & Youth Services Program and Chehalem Youth & Family Services. The program is being funded by The Commission on Children and Families in an effort to provide more Yamhill County Youth with Mentors and that effort is being realized with more kids receiving mentors every day.



CYFS recently hired **Keisha Gordon** to manage the Mentoring Hub. Keisha graduated from George Fox University in May, receiving high marks in her major of organizational communication. Last year she broke the all-time high scorer record in GFU basketball and was voted *All American Athlete* by coaches nationwide. Her promotion to assistant coach of the GFU women's basketball team will work perfectly with CYFS hours. Keisha will provide direction, support and training to Mentors and Coordinators in seven school districts in Yamhill County.



At Yamhill County Family & Youth is Crisis Specialist **Lance Nelson** who is responsible for matching youth with just the right Mentor. His passion for youth is evident in everything he does.

Mentors are making a lasting difference in the lives of many Yamhill County youth. They would like the community to know there are over 40 kids still waiting for Mentors! If you are interested in becoming a *Volunteer Mentor* call 503-487-7551 or email [kgordon@cyfs.net](mailto:kgordon@cyfs.net) for more information.

**“Research indicates that the most important factor in helping youth is an ongoing relationship with a caring adult.”**

## SUN, FUN AND PERSONAL GROWTH FOR OUR YOUTH

Many youth come to CYFS following trauma, lacking a structured and safe home life. Providing a protected nurturing environment that includes therapy, education and new boundaries allows youth to “Just Be Kids”, often for the first time. CYFS provides opportunities for the youth to participate in community events; service; outdoor experiences and shared celebrations.



CYFS Residential Youth *Volunteers* helped on the Old Fashioned Days Float “POP-In to CYFS” which showcased CYFS programs. Walking and handing out candy is always fun and having their float win a trophy was even better!

CYFS NW Passage headed up to the Mt Hood area and the kids experienced a true outdoor adventure, many for the first time. Great progress was made in the kid’s treatment goals in this outdoor setting. For many, connection with nature in this way is life changing.



The Annual Picnic was a time to recognize each youth for something special and unique to them. Once the hot dogs and burgers were devoured, each youth came up as their name was read and proudly accepted their award.

### ANNUAL QUICK FACTS: OVER 1000 SERVED

**YOOP! Yamhill Youth Opportunity Program**  
July 1, 2011 - June 2012

**226 Youth Served**  
**116 have earned a GED, High School Diploma or a Professional/Industry Certificate**  
**140 now have employment experience**

#### Residential Treatment

**8,736 24/7 Service Hours provided per Youth each year**  
**98% School Attendance**  
**176 successful home visits facilitated**  
**65% more youth outings each week than contract requirement**  
**72% of youth in exiting care were able to move into less restrictive homes.**

#### Chehalem Counseling Center

**632 people served**  
**3,561 sessions**  
**734 free or minimal cost sessions**  
**59% Charitable Care**

#### Lucky Finds Thrift & Gift Shop

**1500 Volunteer Hours**  
**184 My First Job Training Hours**  
**\$20,000 In-Kind Donations of Goods & Services**



## THRIFT SHOP MOVES TO A BIGGER & BETTER LOCATION & OFFERS MORE OPPORTUNITIES

When the chance to move the Lucky Finds Thrift & Gift Shop to a bigger and more visible location became available, Amanda Greene and her *Volunteers* jumped at the chance. The store had once again outgrown its space and within the first few days of opening at the new location, both sales and donations spiked dramatically. The community has totally embraced the shop and appreciates knowing their purchases and donations benefit the youth and programs of CYFS.

The charming shop is located at 619 E. Hancock in Newberg. (Corner of College & Hancock) It is open Tuesday-Saturday from 10:00am-5:00pm. Donations of

clean, stain free items in good condition can be dropped off during business hours.

With the larger shop comes a need for more *Volunteers!* If you would like to join the fun and *Volunteer* for a few hours a week, please contact Amanda Greene at 971-264-4150.



*Volunteer* Cole Hansen (right) works with Shane at Lucky Finds with the “My First Job” program.



Chehalem Youth &  
Family Services  
P.O. Box 636  
Newberg, OR 97132

**Return Service Requested**

Phone: 503-538-4874  
Fax: 503-538-1271  
Email: [service@cyfs.net](mailto:service@cyfs.net)

**A Christian Service  
Organization**



**Providing Hope and  
Healing for Youth &  
Families Since 1970**

Count & circle the number of times the word *Volunteer* is used in this issue and bring it into Lucky Finds for a \$5.00 Gift Certificate!

# Ignite the Light Luncheon



Join us for our annual  
*complimentary* luncheon

Tuesday

November 13, 2012

12 - 1:00 pm

11:30 Networking

Newberg Christian  
Church

A Benefit for the  
Children of  
Chehalem Youth  
& Family Services



Call 503-487-7551 or email [LAnderson@cyfs.net](mailto:LAnderson@cyfs.net) to RSVP.

## OUR PARTNERS



Yamhill County Health &  
Human Services

Yamhill County  
Commission on Children &  
Families

Lutheran Community  
Services

Yamhill County Family &  
Youth Program

**We are seeking *Volunteer* Table Captains to fill a table of 8 people; there is no cost. We are also seeking Table Sponsors to Host a Table at \$100. Contact Lori Anderson.**